The Play Therapy Circle

CONFERENCE 2026

Conference Program

CONNECT · LEARN · PLAY · HEAL

24–25 October 2026

Rydges South Brisbane

9 Glenelg Street, South Brisbane QLD

WELCOME

Welcome to the Circle

Thank you for joining us for The Play Therapy Circle Conference 2026. Over the next two days we will learn together, play together and spend time with people who understand the work we do.

Please ask questions, share your experience and look after yourself along the way. This conference is about community as much as learning, and you are a big part of it.

Kylie Ellison · Conference Host

Good to know

Venue
Rydges South Brisbane, 9 Glenelg Street, South Brisbane. Level 12.

Arrival
Doors open 8:00am each day. Registration and welcome from 8:30am.

Catering
Morning tea, lunch and afternoon tea included each day.

Your wellbeing
Some sessions explore trauma, grief and family stress. Take a break whenever you need one.

Help on the day
Shaz Bee · 0401 290 755

FEATURED SPEAKERS

Meet the Speakers



CONFERENCE HOST

Kylie Ellison

Registered Counsellor · Registered Play Therapist–Supervisor (PTPA) · Credentialled CCPT Practitioner

Kylie has worked with children, young people and families for 19 years across mental health, child protection and disability. She founded the Centre for Play Therapy and a training pathway for Australian play therapists, which now operate together as Kylie Ellison Therapy & Training in the Redlands.

At the conference: Welcome & Housekeeping (both days) · Working with Parents Q&A Panel · Pandemic Ripple Effect



INTERNATIONAL GUEST SPEAKER

Dr Jodi Mullen

PhD, LMHC, NCC, RPT-S, CCPT-Master

Jodi brings 30 years of experience providing mental health care to children, adolescents and adults. She holds a PhD in Counselor Education and Supervision from Syracuse University, and her work draws on Child-Centered Play Therapy alongside attachment-based, compassion-focused and expressive arts approaches.

At the conference: Sand Tray Therapy (all of Saturday) · Working with Parents · Q&A Panel · Compassion Fatigue

DAY ONE · SATURDAY 24 OCTOBER

Sand Tray Therapy

8:00am	Attendees arrive
8:30am	**Registration, Welcome & Housekeeping** Kylie Ellison
8:45am	**PTPA Icebreaker**
9:00 – 10:30am	**Sand Tray Therapy: Session One** Dr Jodi Mullen
10:30am	Morning tea
10:45am – 12:30pm	**Sand Tray Therapy: Session Two** Dr Jodi Mullen
12:30pm	Lunch (to 1:30pm)
1:30 – 3:30pm	**Sand Tray Therapy: Session Three** Dr Jodi Mullen
3:30pm	Afternoon tea
3:45 – 5:00pm	**Sand Tray Therapy: Session Four** Dr Jodi Mullen

VIP Cocktail Event

6:30 – 9:30pm

For VIP ticket holders. Featuring On the Couch with Jodi & Kylie: pop your question card in the gold box for the Q&A.

DAY TWO · SUNDAY 25 OCTOBER

Parents, Ripples & Self-Care

8:00am	Attendees arrive
8:30am	**Registration, Welcome & Housekeeping** **Kylie Ellison**
8:45 – 10:30am	**Working with Parents** **Dr Jodi Mullen** How play therapists can work alongside parents and carers.
10:30am	Morning tea
10:45am – 12:30pm	**Working with Parents: Q&A Panel** **Dr Jodi Mullen & Kylie Ellison**
12:30pm	Lunch (to 1:30pm)
1:30 – 3:30pm	**Pandemic Ripple Effect** **Kylie Ellison** The ongoing ripple effects of the pandemic on children, families and therapeutic practice.
3:30pm	Afternoon tea
3:45 – 5:00pm	**Compassion Fatigue** **Dr Jodi Mullen** The impact of compassion fatigue and practical strategies for sustainable self-care.
5:00pm	**Wrap Up & Farewell**

SPECIAL EVENT PRICING

Dr Jodi Mullen's books

How Play Therapists Can Engage Parents and Professionals Revised Edition	**AU$48.74**
Raising Freakishly Well Behaved Kids	**AU$30.10**
Play Therapy Basic Training Workbook	**AU$58.77**
Supervision Can Be Playful Second Edition	**AU$50.18**
Ash Goes to Play Therapy	**AU$22.94**
Counseling Children and Adolescents through Grief and Loss	**AU$65.94**
Child-Centered Play Therapy Workbook	**AU$43.01**
Sand Tray Play Therapy Manual	**AU$37.27**
Naughty No More Workbook	**AU$5.73**

To purchase, email admin@kylieellison.com.au or alexissheridanics@gmail.com. Cash and card accepted.

REFLECTIONS

Notes

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KYLIE ELLISON
THERAPY & TRAINING

THE PLAY THERAPY CIRCLE
WITH KYLIE ELLISON

BIRDS FLY, FISH SWIM, AND CHILDREN PLAY

The Learning Brain

Share your feedback

Tell us what you loved and what we can do better. It takes about 3 minutes.

Take the program with you

Full schedule, speaker details and a downloadable copy of this program.

kylieellison.com.au/ptcconf2026

Kylie Ellison Therapy & Training

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